

# The MetLife Market Survey of Nursing Home & Home Care Costs

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**MetLife**<sup>®</sup>

MetLife Mature Market Institute<sup>®</sup>  
in conjunction with  
LifePlans, Inc.

### **The MetLife Mature Market Institute®**

The MetLife Mature Market Institute is the company's information and policy resource center on issues related to aging, retirement, long-term care and the mature market. The Institute, staffed by gerontologists, provides research, training and education, consultation and information to support Metropolitan Life Insurance Company, its corporate customers and business partners. MetLife, a subsidiary of MetLife, Inc. (NYSE: MET), is a leading provider of insurance and other financial services to individuals and institutional customers.

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LifePlans, Inc., a risk management and consulting firm, provides data analysis and information to the long-term care insurance industry. The firm works with insurers, the Federal Government, industry groups and other organizations to conduct research that helps these groups monitor their business, understand industry trends, perform effective advocacy, and modify their strategic direction. For more information, contact:

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## Table of Contents

<b>Executive Summary</b>	4
<b>Overview</b>	5
◆ Nursing Home Overview	5
◆ Home Care Overview	8
<b>Methodology</b>	9
◆ Nursing Home Methodology	10
◆ Home Care Methodology	10
<b>Results</b>	11
<b>Chart of Nursing Home Costs</b>	12
<b>Chart of Home Care Costs</b>	15

## Executive Summary

Each year the MetLife Mature Market Institute conducts a market survey of nursing home and home care costs in the United States. The 2006 survey was conducted by telephone in 87 major markets in all 50 states and the District of Columbia by LifePlans, Inc., a risk management and consulting services firm.

Daily private pay rates for long-term (custodial) care were obtained for private and semi-private rooms in licensed facilities. Hourly rates were obtained for home health aides from licensed agencies and for agency-provided homemaker/companion services.

Daily nursing home rates range considerably by region. The Shreveport, LA area had the lowest rates for a private room in a nursing home averaging \$111 per day and Alaska the highest averaging \$578 daily. For a semi-private room, the Shreveport, LA area was the lowest, with a mean daily rate of \$104 and Alaska the highest averaging \$570 per day.

Home health aide rates also varied; the Shreveport, LA area had the lowest hourly rate of \$12 and the Rochester, MN area had the highest hourly rate of \$29.

Homemaker/companion rates also showed considerable geographic variability. The Shreveport, LA area had the lowest hourly rate of \$12 and the Rochester, MN area had the highest hourly rate of \$23.

### National Findings\*

- The national average daily rate for a private room in a nursing home is **\$206, or \$75,190** annually.
- The national average daily rate for a semi-private room in a nursing home is **\$183, or \$66,795** annually.
- The national average hourly rate for home health aides is **\$19.**
- The national average hourly rate for homemakers/companions is **\$17.**

*\*All cost averages in this survey are rounded to the nearest dollar.*

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## Overview

Home care and nursing home care each represent opposite ends of the care continuum. Home care covers a wide range of health and social services provided in the home of the care recipient, and a nursing home is a residence providing room, meals, skilled nursing care, and medical services to residents.

Home care services are usually first provided by family members, and as the need for care increases, are supplemented by paid outside help. Services can range from custodial or supportive care services to skilled care. Custodial care or supportive care is typically provided to individuals who have ongoing care needs related to a long-term care illness. It is delivered by paraprofessionals, such as home health aides who assist with activities such as bathing, dressing and toileting, and homemakers or companions who can provide companionship and assist with activities such as shopping, transportation, light housekeeping or similar tasks. Skilled home care is provided to individuals who are recovering from an acute illness or event. It is typically delivered by nurses, therapists or specially trained home health aides, sometimes called certified nursing assistants, who work under the direction of a physician and/or registered nurses.

Nursing homes provide care to residents with chronic conditions requiring permanent care or to those needing a recovery period after hospitalization. Typically patients in long-term care facilities require assistance with Activities of Daily Living (ADLs) such as bathing, dressing, eating, toileting, transferring in and out of chairs or beds and continence, and/or have cognitive limitations due to Alzheimer's disease or another form of dementia.

This market survey focuses on the hourly rates for home care services, both for home health aides and homemakers or companions, and daily rates for nursing homes in 87 major markets across the United States. All rates are private pay rates.

### Nursing Home Overview

Admission to a nursing home could be for short-term rehabilitation services, but for many Americans, the move to a nursing home is a permanent one. The nursing home resident may have a chronic condition or a cognitive impairment that prevents him or her from living independently. Nursing homes provide a secure environment and an array of services to meet the physical, medical and social needs of its residents.

Services provided at nursing homes typically include:

- ◆ Room and board
- ◆ Medication management
- ◆ Personal care (assistance with ADLs)
- ◆ Social and recreational activities

## Size

According to data from various National Nursing Home Surveys from CDC's National Center for Health Statistics (the 1999 National Nursing Home Survey is the most recent one publicly available),<sup>1</sup> the number of nursing homes increased 14.6% during the period 1973-74 to 1999, growing from 15,700 to 18,000 facilities. The number of beds grew 59% from 1,177,300 to 1,879,600, suggesting a greater number of beds per home. In 1999, homes averaged 104.5 beds, but as the table to the right shows the size of nursing homes has changed over the years, with 80% in the 50-199 bed category.

Nursing Homes by Number of Beds

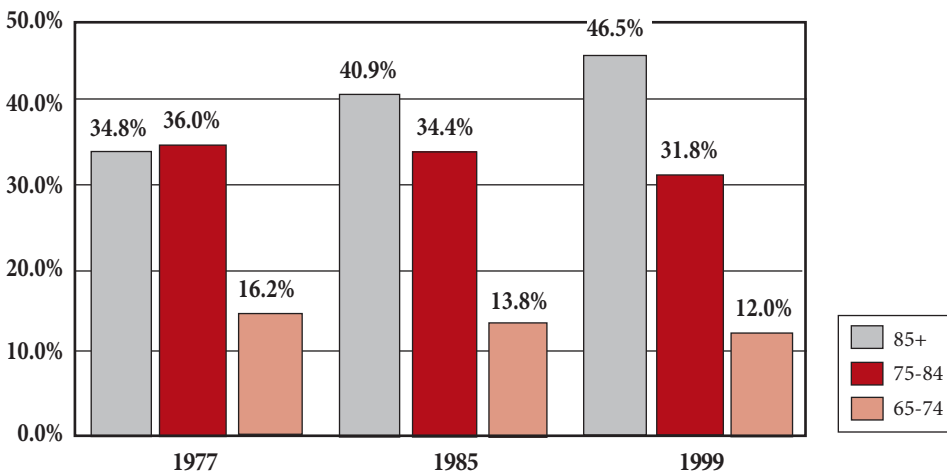
Number of Beds	1973-74	1977	1985	1995	1997	1999
Fewer than 50	40.8%	42.3%	33.2%	16.8%	12.09%	11.5%
50-99	35.0%	30.7%	32.5%	35.6%	37.2%	38.7%
100-199	20.4%	22.2%	28.1%	40.1%	42.2%	41.8%
200 or more	3.8%	4.8%	6.2%	7.5%	7.7%	8.0%

Source: CDC/NCHS, National Nursing Home Survey, selected years.

## Resident Population

The number of residents increased by 51% during this same period from 1,075,800 to 1,628,300. The age distribution has also changed as the chart below depicts.

Nursing Home Residents by Age Group



Source: Decker FH. Nursing homes, 1977-99: What has changed, what has not? Hyattsville, Maryland: National Center for Health Statistics. 2005.

## Nursing Home Population Characteristics

The growth in the over age 85 population in nursing homes mirrors that of the U.S. population in general, where this group accounted for 1% of the total population in 1980 and 1.5% in 2000, a 50% increase.<sup>2</sup>

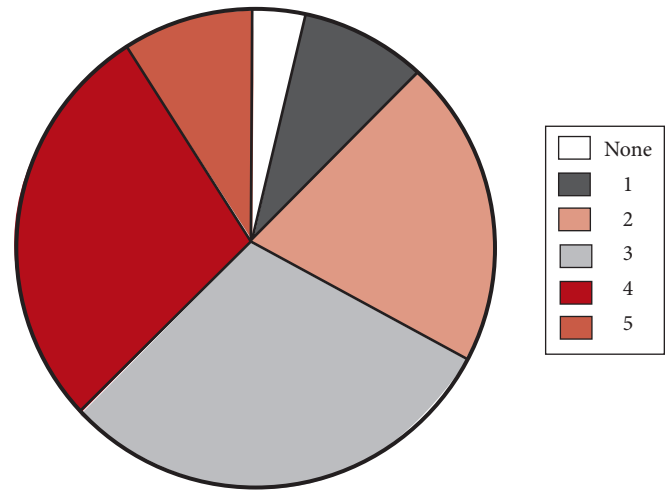
With the availability of alternative long-term care settings such as assisted living and increasing home care options, residents in nursing homes tend to be older and frailer. Of current nursing home residents, 72% are women, and only 9.7% of all residents are under the age of 65.<sup>3</sup> As the chart to the right shows, three-quarters of current residents aged 65 years and older need help with 3 or more ADLs.

## Length of Stay

Over half of current nursing home residents have been there for at least one year.

The discharge of residents with stays of 3 months or less doubled between 1977 and 1999,<sup>4</sup> reflecting the increased role of nursing homes in rehabilitative or post-acute care.

Nursing Home Residents 65+ by ADL Dependency



Source: Characteristics of elderly nursing home current residents and discharges: Data from the 1997 National Nursing Home Survey. Hyattsville, MD: National Center for Health Statistics. 2000.

## Average Length of Stay, Nursing Home Residents

Less than 3 month	3-6 months	6 months to less than 12 months	1 year to less than 3 years	3 years to less than 5 years	5 years or more	Average length of time since admission (in days)
17.8%	10.1%	14.9%	30.1%	13.3%	13.8%	892.4

Source: The National Nursing Home Survey: 1999 Summary

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## Home Care Overview

Paid home care services may be necessary for those who wish to remain at home but suffer from chronic or disabling conditions, are recuperating from acute illness, or are diagnosed with a terminal illness and receiving end-of-life care. Care in the home is typically defined as custodial or supportive and skilled care.

Skilled care is usually provided by nurses, therapists or specially trained home health aides under the direction of a physician or nurse. Most often, skilled care services are needed after an acute event such as a heart attack, or the patient has been discharged from a hospital and requires rehabilitation services.

Custodial or supportive care is typically the care provided to those that desire to remain at home and age in place. This type of care is often appropriate for those individuals with Alzheimer's disease or other form of dementia who may be physically healthy but need supervision. Care includes companionship, transportation or similar tasks usually performed by homemakers or companions, and hands-on care and assistance with activities of daily living provided by home health aides.

Over 1.3 million patients received home health care services (acute and long-term care) from 7,200 agencies during 2000; 70% of the patients were 65 years of age or older. Most of the patients received skilled care (75%), with 44% receiving personal care and 37% receiving therapeutic services. Fifty-one percent received help with at least one activity of daily living, and the average length of service was 312 days.<sup>5</sup> Data on homemaker or companion services nationally is not available.



## Methodology

This survey of nursing home and home care agencies in all 50 states and the District of Columbia was conducted by telephone during June and July 2006 by LifePlans, Inc. for the MetLife Mature Market Institute.

As with any research, readers should exercise caution when generalizing results in this market survey. It should be used as a guide to assist individuals in making long-term care decisions. While we are confident in the research, it is prudent to understand that the results presented in this report are only truly representative of the sample of nursing homes and home care agencies in the areas surveyed.

The states were divided into three groups according to population—under 3 million, 3 to 10 million, and over 10 million. These groupings were determined using data from the 2000 U.S. Census. The cities/areas surveyed within the states were chosen on the basis of population and the ability to obtain a reasonably balanced sampling.

In the 2006 market survey, Baton Rouge replaced New Orleans.

Nursing Home & Home Care State Criteria		
Population Under Three Million	Population Three to Ten Million	Population Over Ten Million
States Surveyed – 22 Areas - 22  One city or area surveyed: capital or most populated city (District of Columbia also surveyed)	States Surveyed – 22 Areas – 44  Two cities or areas surveyed: most populated cities and/or areas from representative locations in the state	States Surveyed – 7 Areas — 21  Three cities or areas surveyed: most populated cities and/or areas from representative locations in the state

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## Nursing Home Methodology

Callers to the nursing homes asked for the Director of Admissions or a comparable professional.

Nursing homes were called at random within each area and had to meet the following criteria:

- ◆ Must be licensed
- ◆ Must provide skilled and custodial care
- ◆ Most offer a private pay rate for long-term care (custodial care), not the Medicare or Medicaid reimbursed rate.

Of the nursing homes that met the criteria, private pay rates were obtained for both private and semi-private rooms. If the nursing home did not meet the criteria, another would be called until a minimum of 10 nursing homes or 15% (whichever was greater) of the homes in that city/area were obtained. Data from 1,116 nursing homes are included in the tabulation.

Forty-four percent of the nursing homes responding provided separate Alzheimer's or dementia units, and only 11% charged any additional fee, with most charging a nominal amount, such as \$5 - \$25 additional per day. Eighty-two percent were freestanding facilities, and 17% were associated with an assisted living unit or wing.

## Home Care Methodology

Callers to home care agencies asked for the Director or a comparable professional. Agencies were called at random and had to meet the following criteria:

- ◆ Must be licensed, if required by the state
- ◆ Must provide the private pay rate, not the Medicare or Medicaid reimbursed rate

Of those agencies that met the criteria, hourly private pay rates were obtained for home health aides. If the agency did not meet the criteria, another agency would be called until a minimum of 15% of agencies, or 5 (whichever was greater) in that city/area was obtained. Agencies were also asked for hourly private pay rates for companion/homemaker services. Some unlicensed agencies were also surveyed for companion/homemaker services to fulfill the criteria. Data from 996 agencies are included in the tabulation.

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## RESULTS

- The 2006 average daily rate for a private room in a nursing home is **\$206** (\$75,190 annually), a \$3 or 1.5% increase over the 2005 rate of \$203. In 2004 the rate was \$192 daily.
- The 2006 average daily rate for a semi-private room in a nursing home is **\$183** (\$66,795 annually), \$7 or 3.9% increase over the 2005 rate of \$176. In 2004 the rate was \$169 daily.
- The 2006 average hourly rate for a home health aide is **\$19**, the same as in 2005. In 2004 the rate was \$18 hourly.
- The 2006 average hourly rate for a home-maker/ companion is **\$17**, or the same as the 2005 rate. These rates were not surveyed in 2004

## Nursing Home Costs 2006

Area	State	First 3 Numbers in Zip Code(s)	Semiprivate High	Semiprivate Low	Semiprivate Average	Private High	Private Low	Private Average
Statewide	AK	All	\$767	\$310	\$570	\$767	\$310	\$578
Birmingham	AL	352	\$150	\$110	\$136	\$162	\$115	\$141
Montgomery	AL	361	\$199	\$134	\$154	\$202	\$144	\$163
Little Rock	AR	722	\$135	\$105	\$125	\$210	\$115	\$147
Phoenix	AZ	850	\$180	\$130	\$153	\$265	\$170	\$197
Tucson	AZ	857	\$180	\$129	\$155	\$235	\$150	\$196
Los Angeles	CA	900	\$180	\$125	\$156	\$360	\$125	\$199
San Diego	CA	921	\$300	\$143	\$188	\$325	\$169	\$227
San Francisco	CA	941	\$450	\$180	\$250	\$450	\$190	\$311
Denver	CO	800 & 802	\$206	\$132	\$166	\$220	\$132	\$180
Colorado Springs	CO	809	\$175	\$148	\$165	\$252	\$163	\$185
Hartford	CT	061	\$366	\$250	\$301	\$386	\$294	\$333
Stamford Area	CT	068 & 069	\$413	\$190	\$307	\$440	\$283	\$344
Washington	DC	200	\$330	\$200	\$247	\$325	\$207	\$260
Wilmington	DE	198	\$210	\$168	\$199	\$236	\$196	\$218
Jacksonville	FL	322	\$193	\$140	\$169	\$205	\$165	\$184
Orlando	FL	328	\$225	\$171	\$190	\$240	\$185	\$210
Miami	FL	331	\$195	\$153	\$171	\$240	\$165	\$203
Marietta Area	GA	300	\$168	\$125	\$150	\$200	\$137	\$167
Atlanta	GA	303	\$165	\$120	\$145	\$209	\$130	\$169
Honolulu	HI	968	\$325	\$190	\$234	\$355	\$200	\$271
Des Moines	IA	503	\$177	\$110	\$142	\$198	\$120	\$147
Boise	ID	837	\$178	\$130	\$165	\$196	\$130	\$179
Des Plaines Area	IL	600	\$232	\$108	\$182	\$323	\$135	\$225
Chicago	IL	606	\$184	\$107	\$138	\$194	\$107	\$143
Peoria	IL	616	\$193	\$105	\$140	\$280	\$130	\$174
Indianapolis	IN	462	\$161	\$98	\$131	\$240	\$114	\$178
Fort Wayne	IN	468	\$217	\$132	\$160	\$247	\$155	\$181
Wichita	KS	672	\$136	\$102	\$123	\$163	\$111	\$141
Louisville	KY	402	\$182	\$140	\$160	\$212	\$147	\$184
Lexington	KY	405	\$193	\$141	\$158	\$212	\$162	\$181

Area	State	First 3 Numbers in Zip Code(s)	Semiprivate High	Semiprivate Low	Semiprivate Average	Private High	Private Low	Private Average
Baton Rouge	LA	708	\$161	\$92	\$109	\$195	\$102	\$121
Shreveport Area	LA	711	\$107	\$97	\$104	\$121	\$102	\$111
Worcester	MA	016	\$300	\$230	\$261	\$310	\$257	\$274
Boston	MA	021	\$345	\$200	\$254	\$355	\$210	\$280
Silver Spring	MD	209	\$223	\$116	\$189	\$286	\$178	\$220
Baltimore	MD	212	\$233	\$169	\$192	\$267	\$179	\$220
Southern Maine	ME	040	\$234	\$175	\$212	\$298	\$205	\$253
Detroit	MI	482	\$227	\$105	\$166	\$274	\$105	\$174
Grand Rapids	MI	495	\$219	\$160	\$191	\$234	\$183	\$212
Minneapolis/St. Paul	MN	551 & 554	\$272	\$119	\$191	\$300	\$160	\$228
Rochester Area	MN	559	\$180	\$119	\$155	\$196	\$132	\$169
St. Louis	MO	631	\$153	\$115	\$127	\$189	\$125	\$142
Kansas City	MO	641	\$194	\$105	\$132	\$227	\$110	\$152
Jackson	MS	392	\$165	\$128	\$150	\$170	\$131	\$155
Billings Area	MT	590 & 591	\$159	\$19	\$132	\$180	\$145	\$164
Raleigh/Durham	NC	275-277	\$193	\$126	\$156	\$236	\$150	\$175
Charlotte	NC	282	\$180	\$141	\$161	\$200	\$155	\$173
Fargo Area	ND	580 & 581	\$227	\$172	\$202	\$265	\$200	\$226
Omaha	NE	681	\$188	\$100	\$158	\$214	\$125	\$183
Manchester	NH	031	\$260	\$198	\$228	\$292	\$185	\$242
Cherry Hill Area	NJ	080	\$270	\$190	\$234	\$300	\$210	\$256
Bridgewater	NJ	088	\$277	\$89	\$235	\$380	\$140	\$262
Albuquerque	NM	871	\$379	\$143	\$178	\$412	\$137	\$208
Las Vegas	NV	891	\$190	\$148	\$173	\$285	\$170	\$198
New York	NY	100-114	\$501	\$210	\$333	\$621	\$220	\$346
Syracuse Area	NY	130 & 132	\$299	\$221	\$251	\$299	\$225	\$261
Rochester	NY	146	\$317	\$230	\$263	\$327	\$235	\$276
Columbus	OH	432	\$199	\$155	\$174	\$243	\$175	\$198
Cleveland	OH	441	\$255	\$155	\$184	\$241	\$168	\$196
Cincinnati	OH	452	\$202	\$125	\$165	\$227	\$135	\$182
Oklahoma City	OK	731	\$125	\$103	\$112	\$212	\$115	\$157

## Nursing Home Costs 2006 (continued)

Area	State	First 3 Numbers in Zip Code(s)	Semiprivate High	Semiprivate Low	Semiprivate Average	Private High	Private Low	Private Average
Tulsa	OK	741	\$125	\$103	\$114	\$170	\$110	\$136
Portland	OR	972	\$213	\$165	\$179	\$275	\$165	\$199
Eugene	OR	974	\$195	\$149	\$170	\$200	\$149	\$173
Pittsburgh	PA	152	\$292	\$177	\$243	\$308	\$189	\$252
Scranton Area	PA	184 & 185	\$220	\$165	\$185	\$220	\$170	\$190
Philadelphia	PA	191	\$236	\$175	\$211	\$289	\$190	\$236
Providence	RI	029	\$280	\$186	\$217	\$360	\$210	\$251
Columbia Area	SC	291 & 292	\$171	\$131	\$149	\$188	\$136	\$165
Charleston	SC	294	\$173	\$120	\$145	\$198	\$125	\$155
Rapid City	SD	577	\$189	\$137	\$163	\$199	\$150	\$177
Nashville	TN	372	\$290	\$132	\$164	\$290	\$149	\$179
Memphis	TN	381	\$160	\$132	\$160	\$194	\$140	\$194
Dallas/Ft. Worth	TX	752 & 761	\$157	\$79	\$122	\$214	\$119	\$162
Houston	TX	770	\$128	\$98	\$119	\$223	\$120	\$157
Austin	TX	787	\$137	\$100	\$120	\$220	\$147	\$176
Salt Lake City	UT	841	\$167	\$116	\$142	\$225	\$125	\$169
Northern Virginia	VA	222 & 223	\$227	\$195	\$208	\$325	\$207	\$251
Richmond	VA	232	\$180	\$135	\$156	\$200	\$165	\$182
Statewide	VT	All	\$225	\$85	\$189	\$245	\$100	\$202
Seattle	WA	981	\$295	\$170	\$218	\$300	\$180	\$239
Spokane	WA	992	\$223	\$192	\$203	\$251	\$200	\$219
Milwaukee	WI	532	\$259	\$199	\$218	\$284	\$206	\$239
Madison Area	WI	535 & 537	\$366	\$148	\$213	\$391	\$153	\$235
Charleston Area	WV	250 & 253	\$194	\$150	\$173	\$207	\$155	\$184
Statewide	WY	All	\$168	\$126	\$149	\$185	\$135	\$162
<b>National Average</b>					<b>\$183</b>			<b>\$206</b>

## Home Care Costs 2006

Area	State	First 3 Numbers in Zip Code(s)	Home Health Aide High	Home Health Aide Low	Home Health Aide Average	Home- maker High	Home- maker Low	Home- maker Average
Statewide	AK	All	\$30	\$21	\$25	\$25	\$20	\$22
Birmingham	AL	352	\$23	\$10	\$15	\$15	\$10	\$13
Montgomery	AL	361	\$18	\$11	\$13	\$18	\$10	\$13
Little Rock	AR	721 & 722	\$18	\$9	\$15	\$27	\$9	\$16
Phoenix	AZ	850	\$25	\$17	\$21	\$21	\$16	\$19
Tucson	AZ	857	\$20	\$10	\$17	\$18	\$10	\$16
Los Angeles	CA	900	\$21	\$15	\$18	\$20	\$15	\$16
San Diego	CA	921	\$23	\$18	\$20	\$20	\$18	\$18
San Francisco	CA	941	\$25	\$21	\$23	\$25	\$12	\$21
Denver	CO	800 & 802	\$30	\$15	\$20	\$30	\$13	\$19
Colorado Springs	CO	809	\$35	\$18	\$25	\$21	\$12	\$17
Hartford	CT	061	\$30	\$12	\$20	\$24	\$10	\$17
Stamford Area	CT	068 & 069	\$25	\$18	\$21	\$24	\$16	\$20
Washington	DC	200	\$25	\$15	\$20	\$25	\$14	\$18
Wilmington Area	DE	197 & 198	\$28	\$16	\$22	\$23	\$13	\$19
Jacksonville	FL	322	\$19	\$16	\$18	\$19	\$14	\$16
Orlando	FL	328	\$20	\$14	\$16	\$18	\$14	\$16
Miami	FL	331	\$18	\$12	\$15	\$18	\$12	\$14
Marietta Area	GA	300	\$19	\$11	\$16	\$18	\$9	\$15
Atlanta	GA	303	\$20	\$15	\$17	\$20	\$15	\$16
Honolulu	HI	968	\$24	\$18	\$21	\$20	\$16	\$19
Des Moines Area	IA	503 & 522	\$40	\$18	\$24	\$23	\$18	\$19
Boise	ID	837	\$20	\$14	\$17	\$18	\$14	\$16
Des Plaines Area	IL	600	\$35	\$12	\$21	\$22	\$10	\$19
Chicago	IL	606	\$22	\$10	\$18	\$18	\$9	\$15
Peoria Area	IL	614-616	\$22	\$15	\$18	\$25	\$12	\$16
Indianapolis	IN	462	\$25	\$17	\$21	\$25	\$15	\$18
Fort Wayne Area	IN	468-469	\$30	\$14	\$19	\$22	\$14	\$17
Wichita	KS	672	\$30	\$15	\$19	\$17	\$13	\$15
Louisville	KY	402	\$18	\$13	\$16	\$18	\$11	\$15
Lexington	KY	405	\$57	\$15	\$23	\$22	\$14	\$17

## Home Care Costs 2006 (continued)

Area	State	First 3 Numbers in Zip Code(s)	Home Health Aide High	Home Health Aide Low	Home Health Aide Average	Home- maker High	Home- maker Low	Home- maker Average
Baton Rouge	LA	708	\$20	\$11	\$13	\$15	\$11	\$13
Shreveport Area	LA	710-712	\$15	\$10	\$12	\$15	\$8	\$12
Worcester Area	MA	015-016	\$35	\$20	\$24	\$24	\$12	\$19
Boston Area	MA	015-017, 021	\$25	\$18	\$22	\$23	\$19	\$21
Silver Spring	MD	209	\$29	\$16	\$19	\$23	\$12	\$16
Baltimore	MD	212	\$20	\$13	\$17	\$20	\$12	\$16
Statewide	ME	All	\$22	\$17	\$19	\$22	\$16	\$19
Detroit	MI	480 & 482	\$22	\$14	\$18	\$22	\$11	\$16
Grand Rapids	MI	495	\$22	\$15	\$18	\$22	\$13	\$17
Minneapolis/St. Paul	MN	551 & 554	\$30	\$11	\$22	\$28	\$9	\$19
Rochester Area	MN	559	\$38	\$22	\$29	\$33	\$17	\$23
St. Louis	MO	631	\$22	\$14	\$17	\$22	\$14	\$17
Kansas City	MO	641	\$25	\$12	\$18	\$20	\$12	\$16
Jackson	MS	392	\$15	\$10	\$13	\$15	\$10	\$13
Billings	MT	591	\$20	\$15	\$17	\$20	\$14	\$17
Raleigh/Durham	NC	276 & 277	\$27	\$16	\$19	\$18	\$15	\$16
Charlotte	NC	282	\$20	\$15	\$17	\$18	\$14	\$16
Fargo Area	ND	581	\$19	\$16	\$17	\$17	\$13	\$15
Omaha	NE	681	\$25	\$18	\$21	\$24	\$15	\$18
Statewide	NH	All	\$28	\$21	\$24	\$22	\$16	\$19
Cherry Hill Area	NJ	080-081	\$22	\$17	\$20	\$21	\$17	\$18
Bridgewater Area	NJ	088-089	\$23	\$18	\$20	\$20	\$16	\$18
Albuquerque	NM	871	\$23	\$17	\$19	\$21	\$16	\$17
Las Vegas	NV	891	\$25	\$16	\$22	\$20	\$16	\$18
New York	NY	100-114	\$19	\$10	\$16	\$17	\$10	\$15
Syracuse Area	NY	130-132	\$32	\$17	\$23	\$29	\$7	\$17
Rochester	NY	146	\$23	\$17	\$21	\$22	\$15	\$18
Columbus	OH	432	\$19	\$12	\$17	\$19	\$12	\$16
Cleveland	OH	441	\$23	\$15	\$18	\$20	\$15	\$17
Cincinnati	OH	452	\$25	\$16	\$19	\$20	\$15	\$18
Oklahoma City	OK	731	\$28	\$10	\$17	\$17	\$10	\$14



Area	State	First 3 Numbers in Zip Code(s)	Home Health Aide High	Home Health Aide Low	Home Health Aide Average	Home- maker High	Home- maker Low	Home- maker Average
Tulsa	OK	740-741	\$30	\$13	\$18	\$18	\$12	\$15
Portland	OR	972	\$22	\$18	\$20	\$20	\$16	\$18
Eugene Area	OR	973-974	\$22	\$16	\$18	\$19	\$16	\$17
Pittsburgh	PA	152	\$24	\$16	\$20	\$24	\$14	\$18
Scranton Area	PA	184-187	\$29	\$15	\$20	\$26	\$11	\$17
Philadelphia	PA	191	\$30	\$12	\$19	\$19	\$10	\$16
Providence	RI	029	\$30	\$20	\$22	\$23	\$16	\$19
Columbia	SC	292	\$25	\$14	\$17	\$18	\$14	\$16
Charleston	SC	294	\$45	\$18	\$23	\$45	\$15	\$23
Statewide	SD	All	\$22	\$17	\$19	\$20	\$17	\$18
Nashville	TN	372	\$27	\$16	\$20	\$17	\$17	\$17
Memphis	TN	381	\$26	\$8	\$16	\$19	\$8	\$14
Dallas/Ft. Worth	TX	752 & 761	\$23	\$15	\$18	\$19	\$15	\$17
Houston	TX	770	\$20	\$12	\$16	\$20	\$15	\$17
Austin	TX	787	\$60	\$16	\$23	\$23	\$14	\$17
Salt Lake City	UT	841	\$35	\$16	\$19	\$20	\$15	\$17
Northern Virginia	VA	220-222	\$22	\$16	\$19	\$22	\$15	\$18
Richmond	VA	232	\$24	\$13	\$17	\$22	\$13	\$16
Statewide	VT	All	\$50	\$20	\$26	\$25	\$16	\$21
Seattle	WA	981	\$18	\$16	\$16	\$19	\$16	\$17
Spokane	WA	992	\$20	\$16	\$17	\$20	\$14	\$17
Milwaukee	WI	532	\$32	\$19	\$23	\$19	\$13	\$16
Madison Area	WI	535, 537, 539	\$26	\$12	\$20	\$24	\$12	\$18
Charleston	WV	253	\$20	\$13	\$16	\$20	\$12	\$16
Statewide	WY	All	\$30	\$16	\$21	\$20	\$13	\$17
<b>National Average</b>					<b>\$19</b>			<b>\$17</b>

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## Endnotes

- <sup>1</sup> Jones A. The National Nursing Home Survey: 1999 summary. National Center for Health Statistics. Vital Health Stat 13(152). 2002
- <sup>2</sup> U.S. Census Bureau. Statistical Abstract of the United States. Resident population by age and sex: 1980 to 2002. Vol. 13, No. 11. Washington. 2003.
- <sup>3</sup> The National Nursing Home Survey: 1999 summary.
- <sup>4</sup> Decker, FH. Nursing Homes, 1977-1999: What has changed, what has not? Hyattsville, Maryland: National Center for Health Statistics. 2005.
- <sup>5</sup> Home Health Care Patients: Data from the 2000 National Home and Hospice Care Survey, Centers for Disease control, National Center for Health Statistics, 2004.



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